

Radiogram No. 5967u

Form 24 for 06.20.03

**Removal of KURS-A Hardware from Progress M1-10 • Firing of ОДУ Pyro Valves • Pressurization of Prop & Oxidizer Tanks in Progress Prop Resupply System**

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40–07:30		BREAKFAST
07:30–08:00	FE-1	Prep for work
07:30–07:55	CDR	
07:55–08:00		PLANTS-2: payload status check
08:00–08:15		Daily planning conference ( <i>S-band</i> )
08:15–11:15		Removal of KURS-A hardware from Progress M1-10
11:15–11:45	CDR	Disinfection of A-P/P-P hoses prior to Progress/SM water transfer
11:15–11:25	FE-1	Increment 7 daily payload status
11:30–12:45		Physical exercise (TVIS)
11:45–12:45	CDR	Physical exercise (VELO + Load Trainer-1 / day 3)
12:45–13:45		LUNCH
13:45–14:45	FE-1	NGL installation for tests
13:45–14:15	CDR	CMO skill training
14:15–14:35		IMS tagup ( <i>S-band</i> )
14:35–15:05		Water transfer from Progress RODNIK to SM RODNIK (hardware config and initiation of transfer)
14:45–15:15	FE-1	CMO skill training
15:05–15:35	CDR	Maintenance of COЖ
15:15–15:30	FE-1	Food questionnaire
15:30–15:50		Transfer of TVIS/RED files to MEC
15:35–16:15	CDR	IMS file prep
15:50–16:10	FE-1	Transfer of HRM file to MEC
16:10–16:25		HRM file erase
16:15–17:45	CDR	Physical exercise (TVIS-3)
16:25–16:55	FE-1	Restart of all PCS computers (once a week)
16:55–18:10		Physical exercise (RED)
18:10–18:20		CWC audit
18:20–18:40		Daily plan review
18:40–18:55		Daily planning conference ( <i>S-band</i> )
18:55–19:05		Daily plan review
19:05–19:30		FD/ISS crew conference ( <i>S-band</i> )
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30	FE-1	Pre-sleep
20:30–21:05	CDR	Pre-sleep

21:05–21:15		Water transfer from Progress RODNIK to SM RODNIK (closeout ops without hardware deconfig)
21:15–21:30		Pre-sleep
21:30–06:00		SLEEP

**NOTE:** See OSTP for references to US procedures

End of radiogram